

2017 GEORGIA HIGH SCHOOL ASSOCIATION TRACK AND FIELD



SECTIONAL MEET HANDBOOK

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2017 GHSA Track and Field Sectional Handbook

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Thank you for agreeing to host one of the twelve (12) GHS A T&F Sectional meets in the State of Georgia. The GHS A Track & Field Advisory Committee has assembled this handbook to help you host a meet that will be a memorable and positive experience for all involved. Each Sectional Meet will consist of four (4) Areas/Regions; as such all four (4) Areas/Regions should have input into how the Sectional Meet is managed. Please carefully read over this document and if you have any questions please address them to Jay Russell at jayrussell@ghsa.net, Mark Cutbirth at markcutbirth@westminster.net, or Jerry Arnold at jerry_arnold@comcast.net.

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CLASS 1A

Advancement: Area Meets to Sectional Meets

Top 4 Places in every event from each Area Meet advance to Sectional Meets.

(For REPLACEMENT purposes, CLEAR 5th and 6th Places MUST be established for ALL events at Area Meets.) In the event of a tie for an advancement place that needs to be broken, whether from Area Meet to Sectional Meet or Sectional Meet to State Meet, the performance where the tie occurred will be carried forward for seeding in the next meet. The qualifying advancement performance achieved by a competitor at the Area Meet or Sectional Meet is the performance that competitor will carry into the next round of competition. No performance achieved in a tie-break will replace an existing mark unless it involves a 1st Place tie (per rulebook).

EXCEPTION: The Top 4 Places in the 1600 / 3200 races will all advance DIRECTLY to the State Meet, where the Class 1A Private and Public 1600 / 3200 races will be ONE HEAT FINALS, with 16 competitors each, seeded from best to worst by Area Performances.

Seeding at Sectional Meets (from Area Meets):

Sectional Meet Seeding will be done by the GHS A after all Area Meet results have been submitted.

Running Events:

- Top 2 from each Area Meet – Seeded by Place first, then Time
 - 2nd Place finishers serpentine in “reverse” order to achieve a “split” between the fastest 1st Place Heat winner and fastest 2nd Place Heat finisher
- 3rd and 4th Place Finishers from each Area Meet will be seeded by time only.

Field Events: All entries seeded by distance/height, in reverse order, worst to best

Advancement: Sectional Meets to State Meet

Top 8 Places in Running Events and Top 9 Places in Field Events from the Sectional Meet advance to the State Meet. *(For REPLACEMENT purposes, CLEAR Running Event 9th and 10th Places / Field Event 10th and 11th Places MUST be established for ALL events at Sectional Meets.)*

Running Events: Qualifying heats only, no running finals will be held.

- Two heats each event: Top 2 in each heat, and next 4 fastest times advance to State Meet

Field Events: (Horizontal Events: Long Jump, Triple Jump, Discus Throw, Shot Put)

- Trials and Finals with Top 10 advancing to Finals for three additional attempts.
- Competitors should be reordered worst to best for the finals.

Field Events: (Vertical Events: High Jump and Pole Vault)

- Events should be carried to conclusion.
- See Casebook (page 11) for Tie-Break procedures

All SEEDING at State Finals is based on Sectional Meet performances.

State Meet Seeding will be done by the GHS A after Sectional Meet results have been submitted.

Seeding at State Finals (from Sectional Meets):

Running Events: One Heat Finals for ALL events.

- 1600/3200 one heat final seeded by time only from Area Meets
- Top 2 in each heat from Sectional Meet – Seeded by Place first, then Time
- All other qualifiers from Sectional Meet seeded by time only

Field Events: (Horizontal Events: Long Jump, Triple Jump, Shot Put, Discus)

- All entries seeded by place and then distance, in reverse order, worst to best
- Finals only with competitors receiving six (6) consecutive attempts WITHOUT reordering.

Field Events: (Vertical Events: Pole Vault and High Jump)

- All qualifiers seeded by place and then height, in reverse order, worst to best



Class 1A Private and Public Sectional Schedule

Class 1A Private – Landmark Christian HS Track, Fairburn, GA

Class 1A Public – Claxton HS Track, Claxton, GA (hosted by Montgomery County)

Saturday, April 29, 2017

NOTE: The schedule of Running Events has been set to match, as closely as is reasonably possible, the recovery time between running events at the State Meets. Sectional meets should stay on schedule and NOT run ahead of schedule!

Saturday, April 29, 2017

FIELD EVENTS: 10 competitors to Finals in horizontal events (jumps and throws)

10:30 am		Pole Vault (Boys)
11:00 am	High Jump (Girls)	Discus Throw (Boys)
	Long Jump (Girls)	Triple Jump (Boys)
	Shot Put (Girls)	
1:00 pm	Discus Throw (Girls)	High Jump (Boys)
	Pole Vault (Girls)	Long Jump (Boys)
	Triple Jump (Girls)	Shot Put (Boys)

Break

RUNNING EVENTS: (No running events below should start before all field events are completed. Running schedule may be adjusted, if necessary, due to Field Event and/or weather delays. However, the time increments between running events should be maintained to ensure adequate recovery time between events.)

- 3:30 pm 400 Meter Relay (2 Heats)
- 4:05 pm 400 Meter Dash (2 Heats)
- 4:20 pm 100 Meter Dash (2 Heats)
- 4:35 pm 100/110 Meter Hurdles (2 Heats)
- 4:55 pm 800 Meter Run (2 Heats)
- 5:15 pm 200 Meter Dash (2 Heats)
- 5:30 pm 300 Meter Hurdles (2 Heats)
- 6:00 pm 1600 Meter Relay (2 Heats)

GHSA Recommended Opening Heights: (may be revised by Games Committee should quality of fields and / or weather conditions dictate)

- | | |
|--------------------------|-------------------------|
| Boys' Pole Vault – 9'0" | Boys' High Jump – 5'6" |
| Girls' Pole Vault – 7'0" | Girls' High Jump – 4'6" |



CLASSES 2A–7A

Advancement: Region Meets to Sectional Meets

Top 4 Places in every event from each Region Meet advance to Sectional Meets.

(For REPLACEMENT purposes, CLEAR 5th and 6th Places MUST be established for ALL events at Region Meets.) In the event of a tie for an advancement place that needs to be broken, whether from Region Meet to Sectional Meet or Sectional Meet to State Meet, the performance where the tie occurred will be carried forward for seeding in the next meet. The qualifying advancement performance achieved by a competitor at the Region Meet or Sectional Meet is the performance that competitor will carry into the next round of competition. No performance achieved in a tie-break will replace an existing mark unless it involves a 1st Place tie (per rulebook).

Seeding at Sectional Meets (from Region Meets):

Sectional Meet Seeding will be done by the GHS A after all Region Meet results have been submitted.

Running Events: (Laned Races)

- Top 2 from each Region Meet – Seeded by Place first, then Time
 - 2nd Place finishers serpentine in “reverse” order to achieve a “split” between the fastest 1st Place Heat winner and fastest 2nd Place Heat finisher.
- 3rd and 4th Place Finishers from each Region Meet will be seeded by time only.

Running Events: (1600 and 3200) Seeded by time only.

Field Events: All entries seeded by distance/height, in reverse order, worst to best.

Advancement: Sectional Meets to State Finals

Top 8 Places from each Sectional advance to State Finals *(For REPLACEMENT purposes, CLEAR 9th and 10th Places MUST be established for ALL events at Sectional Meets.)*

Running Events (Laned Races): Two Qualifying heats only, no running finals will be held.

- Two heats each event: Top 2 in each heat, and next 4 fastest times advance to State Meet

Running Events (1600-3200): Top 8 finishers advance to State Finals

Field Events: (Horizontal Events: Long Jump, Triple Jump, Discus Throw, Shot Put)

- Trials and Finals with Top 9 advancing to Finals for three additional attempts.
- Competitors should be reordered worst to best for the finals.

Field Events: (Vertical Events: High Jump and Pole Vault)

- Events should be carried to conclusion.
- See Casebook (page 11) for Tie-Break procedures

All SEEDING at State Finals is based on Sectional Meet performances.

State Meet Seeding will be done by the GHS A after all Sectional Meet results have been submitted.

Seeding at State Meet (from Sectional Meets):

Running Events (Laned Races): Two Qualifying Heats.

- Top 2 in each heat from Sectional Meet – Seeded by Place first, then Time
- All other qualifiers from Sectional Meet seeded by time only

Running Events (1600-3200): One Heat finals, Seeded from best to worst

Field Events: (Horizontal Events: Long Jump, Triple Jump, Shot Put, Discus)

- All qualifiers seeded from worst to best.
- Trials and Finals with Top 9 competitors receiving three additional attempts in Finals.
- Competitors will be reordered worst to best for the finals.

Field Events: (Vertical Events: Pole Vault and High Jump)

- All qualifiers seeded from worst to best.

State Meet Qualifying Heats to State Meet Final Advancement (Laned Races):

- Top 2 in each Qualifying Heat plus next 4 fastest times advance to State Meet Final



Sectional Meet Schedule Classes 2A–7A

(Time Schedule must be the same for Classes 2A–7A Sectional competitions,
with the exception of inclement weather)

NOTE: The schedule of Running Events has been set to match, as closely as is reasonably possible, the recovery time between running events at the State Meets. Sectional meets should stay on schedule and NOT run ahead of schedule!

Saturday, April 29, 2017

10:30 am 1600 Meter Run (1 Section-all qualifiers)

FIELD EVENTS: 9 competitors to Finals in horizontal events (jumps and throws)

10:30 am Pole Vault (Boys)

11:00 am	High Jump (Girls)	Discus Throw (Boys)
	Long Jump (Girls)	Triple Jump (Boys)
	Shot Put (Girls)	

1:00 pm	Discus Throw (Girls)	High Jump (Boys)
	Pole Vault (Girls)	Long Jump (Boys)
	Triple Jump (Girls)	Shot Put (Boys)

Break

RUNNING EVENTS: (No running events below should start before all field events are completed. Running schedule may be adjusted, if necessary, due to Field Event and/or weather delays. However, the time increments between running events should be maintained to ensure adequate recovery time between events.)

3:30 pm	400 Meter Relay (2 Heats)
4:05 pm	400 Meter Dash (2 Heats)
4:20 pm	100 Meter Dash (2 Heats)
4:35 pm	100/110 Meter Hurdles (2 Heats)
4:55 pm	800 Meter Run (2 Heats)
5:15 pm	200 Meter Dash (2 Heats)
5:30 pm	300 Meter Hurdles (2 Heats)
5:55 pm	3200 Meter Run (1 Section-all qualifiers)
6:45 pm	1600 Meter Relay (2 Heats)

GHS A Recommended Opening Heights: (may be revised by Games Committee should strength of competition and / or weather conditions dictate)

Class 2A:

Boys' Pole Vault – 9'6"	Boys' High Jump – 5'8"
Girls' Pole Vault – 7'0"	Girls' High Jump – 4'6"

Classes 3A–5A:

Boys' Pole Vault – 10'0"	Boys' High Jump – 5'8"
Girls' Pole Vault – 7'6"	Girls' High Jump – 4'8"

Class 6A–7A:

Boys' Pole Vault – 10'6"	Boys' High Jump – 5'8"
Girls' Pole Vault – 7'6"	Girls' High Jump – 4'8"



Athlete Replacement (Area/Region Meet to Sectional Meet)

When there is a tie in any event involving more contestants than the Area/Region Meet is entitled to enter into the Sectional Meet, the contest must continue on the day of the Area/Region Meet competition until representatives to the Sectional Meet are determined. For REPLACEMENT purposes, CLEAR 5th and 6th Places MUST be established at each Area/Region Meet.

1. When an Area/Region Meet qualifier cannot compete in the Sectional Meet (*or Class 1A State Meet 1600/3200*), the next competitor in the order of finish will be selected as a replacement. The coach of the qualifying competitor unable to compete MUST notify the Area Meet Director / Region Secretary of that competitor's inability to advance and compete in the next round of competition.
2. The Area Meet Director / Region Secretary MUST contact the coach of the next competitor in the order of finish and verify the selection and replacement of that competitor for the Sectional Meet (*or Class 1A State Meet 1600/3200*) with that competitor's coach.
3. ***ALL REPLACEMENTS from Area/Region Meets to Sectional Meets must be submitted ELECTRONICALLY using the form posted on the GHS A MIS site (<http://app.ghsa.net/>). ONLY the AREA COORDINATOR/REGION SECRETARY or designee may make confirmed changes and/or corrections. The DEADLINE for all changes is 12:00 noon on Wed., April 26, 2017.***
4. ***ALL REPLACEMENTS for 1600/3200 from Class 1A Area Meets to State Meets must be made ELECTRONICALLY using the form posted on the GHS A MIS site (<http://app.ghsa.net/>). ONLY the AREA COORDINATOR or designee may make confirmed changes and/or corrections. The DEADLINE for all changes is 12:00 noon three (3) days prior to the beginning of the State Final.***
BOTH Girls and Boys: Monday, May 8, 2017
5. All Sectional Meet entries will be posted on the GHS A T&F website site (<http://www.ghsa.net/track-and-field>) for verification. Schools will not receive paper copies of their qualified athletes. It is the responsibility of EACH COACH to review that school's entries on the website and immediately notify the Area Meet Director / Region Secretary if corrections need to be made.
6. A contestant disqualified in an Area/Region Meet may not participate in the Sectional Meet in the event in which (s)he was disqualified.
7. Relay teams advancing to the Sectional Meet should list four (4) runners and a maximum of two (2) alternates.
 - (a) Schools with two teams entered in the same relay in the Area/Region Meet may not list competitors on one team as alternates on the other team, nor may the same alternates be listed for both teams.
 - (b) The Relay names remain the SAME throughout the State Meet Series: Area-Region / Sectional / State Meets and are the ONLY eligible participants for qualifying Relay Teams throughout the State Meet Series.
 - (c) NO replacements may be made of the runners and alternates advancing from the Area/Region Meet to the Sectional Meet.
 - (d) Any four (4) of the five (5) or six (6) competitors listed with an Area/Region Meet entry may run in that relay event in any round of advancement (Area/Region, Sectional, State Meet Semi- finals and Finals), and in any order desired by the school.

Athlete Replacement (Sectional Meet to State Meet)

When there is a tie in any event involving more contestants than the Sectional Meet is entitled to enter into the State Meet, the contest must continue on the day of the competition until the representatives to the State Meet are determined. For REPLACEMENT purposes:

- ***Class 1A: CLEAR Running Event 9th and 10th Places / Field Event 10th and 11th Places MUST be established for ALL events at Sectional Meets.***
 - ***Classes 2A-6A: CLEAR 9th and 10th Places MUST be established for ALL events at Sectional Meets.***
1. When a Sectional Meet qualifier cannot compete in the State Meet, the next competitor in the order of finish will be selected as a replacement. The coach of the qualifying competitor unable to compete MUST notify the Sectional Meet Director of that competitor's inability to advance and compete in the State Meet.
 2. The Sectional Meet Director MUST contact the coach of the next competitor in the order of finish and verify the selection and replacement of that competitor for the State Meet with the competitor's coach.
 3. ***ALL REPLACEMENTS from the Sectional Meet to the State Final must be made ELECTRONICALLY using the form posted on the GHS A MIS site (<http://app.ghsa.net/>). ONLY the SECTIONAL MEET DIRECTOR may make changes/corrections to the list of State Meet Qualifiers. The DEADLINE for all changes is 12:00 noon three (3) days prior to the beginning of the State Final.***
BOTH Girls and Boys: Monday, May 8, 2017
 4. All State Meet entries will be posted on the GHS A T&F website (<http://www.ghsa.net/track-and-field>) for verification. Schools will not receive paper copies of their qualified athletes. It is the responsibility of EACH COACH to review that school's entries on the web site and immediately notify the Sectional Meet Director if corrections need to be made.
 5. A contestant disqualified in a Sectional Meet may not participate in the State Meet in the event in which (s)he was disqualified.



Sectional Meet Officials

You, the meet host, will appoint a Meet Director who will then contact each Area/Region Meet Director in your Sectional Meet to determine which coaches will serve on the Games Committee, and Jury of Appeals. Once the Games Committee is in place they will help select the rest of the officials for the Sectional Meet.

Games Committee

The four (4) members of the Games Committee shall be made up of one coach from each Area/Region. Each Area/Region will select a coach to represent the Area/Region on the Games Committee. The responsibilities of the Games Committee for the Sectional Meets are to set the competition/restricted areas, set criteria for relay markings, select meet officials, adjust opening heights of vertical jumps if needed, designate coaching areas, appoint referees for field events and running events, and decide if the Schedule of Events should be altered or the meet suspended in case of hazardous weather conditions.

Meet Director

The Host School shall select the Meet Director. The Meet Director shall serve as the official representative of host meet management and shall supervise the conduct of the meet and perform such duties to guarantee that the competition will run smoothly. This person will, with the assistance of each Area/Region involved (check with each Area Coordinator/Region Secretary), select members of the Games Committee and the Jury of Appeals, and will also serve as a member of the Jury of Appeals. The Meet Director will be responsible for ensuring that the host site is properly set up, safe, and secure; develop and announce severe weather procedures for the facility; compile and send out a list of restaurants and lodging in your area. **The Meet Director must also ensure that appropriate Pass Gate and Coaches/Athlete Entry and Re-entry procedures and locations are established and communicated to Teams with competitors, well in advance of the day of competition.**

Jury of Appeals

The five (5) members of the Jury of Appeals shall be made up of one coach from each Area/Region participating and the Meet Director as well as two (2) available ALTERNATES from different schools, should a member need to be recused from the ruling. Each Area/Region will select a coach to represent that Area/Region on the Jury of Appeals. The responsibilities of the Jury of Appeals are to determine if the rules have been misapplied after a coach files a written protest.



Meet Officials

*(See National Federation Rule book for the following Official's Responsibilities)
(Have a copy of NFHS Rule Book and Case Book at competition site.)*

Field Event Referee

Running Event Referee

Starter and Back up Starter

FAT Operator and Backup FAT Operator (Finish Judges)

- The FAT and Backup FAT systems must be independent of each other such that if the primary system fails, the backup system is still functional

Clerk of the Course

Field Judges (Two judges for each field event that are not from the same region/area)

**NOTE: “ALL measurements in the Discus Throw are recorded to the nearest lesser inch....”
(NFHS Rule 6-6-11)**

Umpires for Running Events (Relay exchange, curve, hurdles, break line. Two umpires for each area from different regions/areas)

Inspector of Implements

Announcer

School Administrator

Certified Trainer or Medical Staff

Security or Police

Gate Keeper **(with appropriate Pass Gate and Coaches/Athlete Entry and Re-entry procedures and locations)**

Custodian

Volunteers (Field Event help, hurdle crew, block crew)



Meet Equipment

Field Events:

- Tape Measures for Long Jump, Triple Jump, Shot Put, Discus Throw, High Jump, & Pole Vault
- Cross Bars-High Jump and Pole Vault (Extra Cross Bars as back-up)
- Shot & Discus-Scale (Spray Paint to Mark Implements)
- Pole Vault Release Forms turned into Event Judge, Field Event Referee, or Meet Director
- Proper Discus Cage and Shot Areas
 - Rings for the shot and discus are concrete; therefore, rubber soled shoes must be worn.
 - Each contestant is requested to bring his/her own shot and discus.
 - Any contestant may use any shot or discus after it has been checked for weight and legality at the field.
- Optional Field Event: Ongoing Performance Standards (Boards) for each field event
- Optional Field Event: Wind Gauge for Long Jump / Triple Jump
- Radio communication

Running Events:

- FAT and Backup FAT systems for all races – these systems must be independent of each other such that if the primary system fails, the backup system is still functional
- Starter (Starter's Gun)
- Back-Up Starter (Back-Up Starter's Gun)
- Blanks-Sufficient for number of races in meet
- Relays/Break Line-Flags
- Hip numbers for all races
- 800m/1600m/3200m-Index cards with numbers as back-up plan for order of finish
- Blocks will be provided by host school only
- Hurdles (Sufficient for lanes for both 100m/110m and 300m Hurdles)
- Lap Counter-Optional
- Optional Running Event: Wind Gauge for Laned Races up to 200 meters

Financial: Income

- Host school will keep concession revenues.
- Host school will get a percentage of the T-shirt sales revenue. GHSA will provide T-Shirt Vendor contact information.
- Host school will keep gate minus 5% to GHSA.
- Gate Price set at \$5.00 per person.

Financial: Expenses (To be paid by host school out of gate and concessions)

- Starter, back up starter, FAT operator and FAT back up operator, gate keeper, custodian, security, starting blanks, hip numbers and miscellaneous items (paper etc).



Case Book for Advancement Issues

"When there is a tie in any event involving more contestants than the Sectional Meet is entitled to enter the State Meet, the contest must continue or be re-held until the representatives to the State Meet are determined."

Horizontal Field Events: (DT, LJ, SP, TJ) – Top 8 Qualify for the State Final

- **TIES WILL BE BROKEN** by following NFHS Rules 6-3-2 and 7-3a-1,2 (ties are broken by second best, third best, etc. performances).
 - **SITUATION:** Two or more competitors are tied for the Qualifying 8th Place and each of them has only ONE fair measurement resulting in the tie (ie: there are NO second best, third best, etc. performances available for breaking the tie).
 - **TIE–BREAK PROCEDURE:** A "jump/throw-off" should occur **AFTER** the conclusion of the regular competition (rather than interrupt the "normal" progression of the regular competition) and the "jump/throw-off" procedure stipulates that each of the tied-competitors take one attempt at a time until the tie is broken for the Qualifying 8th Place.

Vertical Field Events: (HJ, PV) – Top 8 Qualify for the State Final

- **SITUATION:** Ties for the Qualifying 8th Place: NFHS Rule 7-3b covers the initial tie-breaking procedures for vertical events, but only requires a "jump-off" if the tie involves 1st place and stipulates in Rule 7-3-2b-4b that if "The tie concerns any place other than first, the competitors shall be awarded the same place." Yet, should there be a tie for the Qualifying 8th Place, **THE TIE MUST BE BROKEN** using the following procedure:
 - **TIE–BREAK PROCEDURE:** A "jump-off" should occur **AFTER** the conclusion of the regular competition (rather than interrupt the "normal" progression of the regular competition) and the "jump-off" procedures specified in NFHS Rule 7-3-2b-4a should be applied to those competing to break the tie for the 8th Qualifying Place. When breaking the tie, the athlete that advances does not get credit for the mark achieved in the process of breaking the tie. The tie-break performance is used only to determine advancement and **DOES NOT** affect seeding by performance at the State Final.

Laned Races: (100, 100h, 110h, 200, 300h, 400, 800, 4X100, 4X400)

Top 2 in each heat + next four fastest times Qualify for the State Final.

- **SITUATION:** There may be Ties (identical times to the hundredth) for the Qualifying 8th Place especially from competitors competing in **DIFFERENT** heats. Competitors in the same heat would likely have a difference in place based on the reading of the picture (unless they are judged to have finished in a "dead heat"), and NFHS Rule 3-8-4 explains how to break ties by reading times to the one one-thousandth of a second. Two competitors from **DIFFERENT HEATS** may have identical (to one-thousandth of a second) Qualifying 8th Place times requiring a "run-off" being contested to break the tie.
 - All required "run-offs" for 100, 100h, 110h, 200, 300h, 400, 800, 4x100 should occur between the running of the girls' and boys' 3200m races AND the start time of the 4x400 Relays should be delayed by 10 minutes if any contestants in the "run-offs" are also competing in the 4x400 Relay.
 - If a "run-off" is required for the 4x400, it should occur 10 minutes after the conclusion of the last scheduled race of the day.

For REPLACEMENT purposes, CLEAR 9th and 10th Places MUST ALSO be established, and if necessary, the above TIE–BREAK procedures should be followed to determine those places.



2017 Track & Field Sectional Hosts/Sites: April 29, 2017

AAAAAAA

Sectional A – Regions 2,3,4,5

Phil Hoskins
McEachern HS
2400 New Macland Road
Powder Springs, GA 30127
phillip.hoskins@cobb12.org
W) 770-222-3731

Sectional B – Regions 1,6,7,8

Rik Moore
Mill Creek HS
4400 Braselton Hwy 124
Hoschton, GA 30548-1621
rik_moore@Gwinnett.k12.ga.us
C) 706-201-6972

AAAAAA

Sectional A – Regions 3,6,7,8

Eddie Snell
Heritage (Conyers) HS
2400 Granade Road
Conyers, GA 30094
esnell@rockdale.k12.ga.us
C) 770-823-6325

Sectional B – Regions 1,2,4,5

Jasper Jewell
Atlanta City Schools
Lakewood Stadium
Atlanta, GA
jewell@atlanta.k12.ga.us
C) 404-309-7969

AAAAA

Sectional A – Regions 1,3,6,7

Craig Musselwhite
Carrollton HS
202 Trojan Way
Carrollton, GA 30117
craig.musselwhite@carrolltoncityschools.net
C) 678-910-3022

Sectional B – Regions 2,4,5,8

Claud Spinks
Eagles Landing HS
301 Tunis Road
McDonough, GA 30253
Claud.Spinks@henry.k12.ga.us
C) 678-687-3450

AAAA

Sectional A – Regions 5,6,7,8

Ricky Turner
Blessed Trinity HS
11320 Woodstock Road
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rturner@btcatholic.org
W) 770-255-5189

Sectional B – Regions 1,2,3,4

Salina Patton
Cross Creek HS
3855 Old Waynesboro Rd.
Augusta, GA 30906
pattonsa@BOE.Richmond.k12.ga.us
(C) 706-726-1328

AAA

Sectional A – Regions 2,3,7,8

Jeremy Gantt
SE Bulloch HS
9184 Brooklet Denmark Hwy
Brooklet, GA 30415
jgantt@bullochschools.org
C) 912-515-9142

Sectional B – Regions 1,4,5,6

Troy Baker
Pace Academy
966 West Paces Ferry Rd., NW
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tbaker@paceacademy.org
(C) 404-680-7368

AA

Sectional A – Regions 1,2,3,4

Randall Shoultz
Fitzgerald HS
601 Cypress Street
Fitzgerald, GA 31750
randall.shoultz@benhillschools.org
C) 229-325-6083

Sectional B – Regions 5,6,7,8

John Rainwater
Gordon Central HS
335 Warrior Path
Calhoun, GA 30701
jrainwater@gcbe.org
C) 678-986-8539

A Private

Roby Ross
Landmark Christian
50 SE Broad Street
Fairburn, GA 30213
ross@landmarkchristianschool.org
(W) 770-692-6769

A Public

Tim Suttles (Montgomery)
Hosted by Claxton HS
102 North Clark Street
Claxton, GA 30417
tsuttles@montgomery.k12.ga.us
(W) 912-583-2297



**GEORGIA HIGH SCHOOL ASSOCIATION (GHSAA)
POLE VAULT VERIFICATION FORM**



ALL MEMBER SCHOOLS are required to complete the **GHSAA Pole Vault Verification Form** listing the name and grade of each contestant participating in the Pole Vault Event. The **Head Coach** must verify, on the day of each meet, the weight of each contestant, and the proper ratings of all poles used by each contestant. This procedure is required for **ALL** GHSAA sanctioned Track and Field competitions. **This completed form must be presented to the HEAD FIELD JUDGE of the Pole Vault Event prior to the start of warm-ups, on the day of competition.**

School Name _____

Classification _____

Name of Meet _____

Date _____

	<u>Full Name of Pole Vault</u>	<u>Grade</u>	<u>Vaulter's Weight*</u>	<u>List ALL Pole Ratings</u>
1.	_____	_____	_____	_____
2.	_____	_____	_____	_____
3.	_____	_____	_____	_____
4.	_____	_____	_____	_____
5.	_____	_____	_____	_____
6.	_____	_____	_____	_____

***Includes full competition uniform and footwear.**

Name of Head Coach (please print) _____

Signature of Head Coach _____

Name of Event Coach (please print) _____

Signature of Event Coach _____

NOTE TO ATHLETIC ADMINISTRATORS, TRACK AND FIELD COACHES AND OFFICIALS

Below are NFHS Track and Field Rules relevant to Pole Vault safety:

NFHS TRACK AND FIELD RULE 7-5-3: The competitor's weight shall be at or below the manufacturer's pole rating. The manufacturers must include on each pole: the pole rating that shall be a minimum of 3/4-inch in a contrasting color located within or above the top hand-hold position; a 1-inch circular band indicating the maximum top hand-hold position with the position being determined by the manufacturer. Prior to the competition, the Coach must verify that all of the school's pole vaulters and poles meet these requirements. **NOTE:** Etchings, serial numbers, etc. that may appear on poles shall not replace the requirement of the manufacturer's pole rating of the minimum 3/4-inch marking in contrasting color on each pole.

NFHS TRACK AND FIELD RULE 7-5-4: A competitor shall not use a variable weight pole, a pole which is improperly marked, or a pole rated below his/her weight, or any equipment that is not legal during warm-up or competition. **NOTE:** Altering the pole in any fashion renders it illegal. **PENALTY: Disqualification from the event.**

NFHS TRACK AND FIELD RULE 7-5-3: Prior to warm-up, the field referee, head field judge, or assigned inspector of implements shall inspect each pole to be used in the competition to verify that the poles are legal equipment, per **NFHS Rule 7-5-3**. This includes checking the placement of a top hand-hold band, numerical pole ratings a minimum of 3/4-inch in contrasting color located within or above the top hand-hold band, and a binding of layers of adhesive tape of uniform thickness on the grip end. The binding shall not be on or above the top hand-hold band.

NFHS TRACK AND FIELD RULE 7-5-23: A competitor shall not be allowed to use the pole of another individual without the consent of the owner. The event judge shall approve the use and verify that the pole is rated weight-appropriate. **PENALTY: Disqualification from the event.**

NFHS TRACK AND FIELD RULE 7-5-29h: It is a foul if the competitor grips the pole above the top hand-hold band. **PENALTY: An unsuccessful trial is charged but not measured.**



2017 GHS A Track & Field Uniform Rules Clarification



- Each team member shall wear the same color and design of school uniform. If undergarments are worn by two (2) or more Relay team members, all undergarments must be of the same color and design, but not necessarily of the same length.
- The GHS A has opted to continue the requirement that **ALL VISIBLE UNDERGARMENTS** must be **UNADORNED** and of a **SINGLE, SOLID** color – if the athlete wears more than one (1) layer of undergarments, all must be of the same color.
- Undergarments having a waistband with multiple logos/references of the manufacturer are **NOT** legal as uniform bottoms.
- Undergarment tops and/or bottoms do not have to be the same color.
- Any **OTHER** clothing items (socks, head wear, sleeves, gloves etc.) are **NOT** considered part of the school issued uniform. **Although the wearing of these items is not prohibited, the wearing of any item (in excess of the school issued uniform) that is demeaning to the competition / sport will NOT be allowed.**
- Gloves are permitted.
- The GHS A has opted to **PROHIBIT** the wearing of jewelry and hair beads of any kind during competition.
- The wearing of jewelry, hair beads, sunglasses (without a doctor's note) and use of wristwatches with GPS capability during competition is **ILLEGAL**. The penalty for each of these violations is **DISQUALIFICATION**.
- The ultimate responsibility for uniform compliance lies with the coach. Coaches should inspect any/all garments competitors wear to make sure they are in compliance with GHS A and NFHS uniforms rules. On the next page is a Uniform Guidelines document.

While Uniform rules are quite specific, there is always some gray area open to interpretation by meet officials. Coaches should anticipate the strictest interpretation of the rules that their team may encounter. As the season begins, make sure your athletes thoroughly understand the rules governing jewelry and uniforms. Even though many of the early small meets may not strictly enforce these rules, impress upon your athletes the importance of being in compliance anyway. Prevent a pattern of competing while violating these rules even if there are no apparent consequences for doing so. As important meets approach, reaffirm that all athletes are fully aware of, and in compliance with the rules. Again, try to anticipate the strictest interpretation and prepare accordingly.

NFHS and GHS A penalty for illegal uniform:

For the wearing of an illegal uniform, when a violation is observed and noted by a meet official, the competitor shall be required to make the uniform legal before becoming eligible for further competition and shall be issued a warning that a subsequent violation shall result in disqualification from the event. The referee shall be notified of the violation by the observing meet official, and the referee shall then notify or cause to be notified the head coach of the offending school of the competitor's violation and warning.



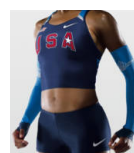
The following items are not allowed during GHSAA Track & Field competition:

- (a) jewelry
- (b) hair beads of any type
- (c) sunglasses (**Note:** Prescription sunglasses are permitted if accompanied by a Physician's note stating that the eye wear is necessary for competition.)
- (d) Electronic devices, including GPS devices)
- (e) Medical alert medals are not considered jewelry. The alert should be visible. When the medal is attached:
 1. to a bracelet made of metal or an unyielding material, it shall be taped to the body.
 2. to a bracelet made of a pliable material, it is not required to be taped to the body.
 3. to a necklace, it shall be taped to the body.
- (f) Religious medals are not considered jewelry and must be worn under the uniform and taped to the body.
- (g) Hair control devices, such as bobby pins, barrettes and hair clips, no longer than 2 inches, may be worn to control a competitor's hair.

Typical Examples of Illegal / Legal Uniforms



ILLEGAL
One-piece Uniforms with multiple manufacturer logos / references.



ILLEGAL
Uniform Top
"bare midriff"



ILLEGAL
Uniform Bottoms
"French or High Cut"



LEGAL
"Closed-Leg" Women's Brief **Uniform Bottoms**



ILLEGAL
Uniform Bottoms with decorative waistbands and multiple manufacturer logos / references.



ILLEGAL
Uniform Bottoms with decorative waistbands and crotch outline / opening



LEGAL
Uniform Bottoms single manufacturer logo, no crotch outline or opening, no decorative waistband.



ILLEGAL
These are **NOT Track & Field** uniforms.



ILLEGAL
Uniform Bottoms with decorative waistbands, multiple manufacturer logos, crotch outline



LEGAL
Uniform Bottoms with single manufacturer logo, NO decorative waistband or crotch outline

NOTE: The ultimate responsibility to have each competitor compliant with jewelry and uniform rules is with the coach. Coaches should inspect any/all garments that competitors wear to ENSURE that they are in compliance with the GHSAA & NFHS Jewelry and Uniform Rules!!